

COLLIN'S LAKE
Faith Bible Church of Vallejo

FAMILY CAMP 2019
EFFECTIVE COMMUNICATION

SESSION III
Communicating with our Children about Sex
by Pastor Reuel

INTRODUCTION

REASONS PARENTS DON'T TALK TO THEIR CHILDREN ABOUT SEX

1. Nobody talked to you.
Nobody talked to me. I learned it from books.
2. You lack the skills, appropriate words, and confidence to say what needs to be said.
I'll give some of the words to say.
3. You're embarrassed about the body.
"You may tell your kid, "Quite frankly, I have a hard time talking about this. The reality is that I shouldn't be uncomfortable, because what I'm telling you is part of how wonderfully you were made." Tie your discussion back to your value system, back to what God said in his word." Leman

"Don't be embarrassed to talk about what God was not embarrassed to create." Dr. Howard Hendricks

Love for your children and concern for their welfare should overcome any self-centered entanglements like embarrassment.

4. You're afraid of appearing hypocritical because of your own sexual activity before marriage, so you avoid the subject out of shame.

We are not suggesting that you go into detail, but it's fine to say, "Honey, I've made some painful mistakes in this area, and that's why I want to help you learn from my failures." You are under no obligation to reveal any more than that; in fact, we recommend that you don't. Leman.

5. Prolonged naïveté.
You want them to remain kids longer. "Trying to keep your child a child for as long as you can is a noble plan. We both agree that we should keep our kids kids; the world tries to get them to grow up too fast. But human boys and girls are born with clocks ticking toward

puberty and adolescence, and it is our duty to train them to deal with the world as it is, not as we wish it were. We can't keep our kids under glass. If we do, and then we turn them loose into the world at eighteen, they'll be sorely taken advantage of. Leman, Kevin; Bell, Kathy Flores. *A Chicken's Guide to Talking Turkey with Your Kids About Sex* (p. 26).

The sad thing is that many such parents spend so much time protecting their children that they neglect to prepare them. The kid isn't learning the skills to deal with what comes her way; she's simply being scared into compliance. Leman, Kevin; Bell, Kathy Flores. *A Chicken's Guide to Talking Turkey with Your Kids About Sex* (p. 22). Zondervan. Kindle Edition.

6. You think that's what the school and church are for. You don't know what values they are teaching. Secondly, church valuable supplement, not a substitute for what parents are suppose to do.

"Courage, parents, is not a lack of fear. Courage is acknowledging your fears, facing them head-on, and working through them. Both of us still get nervous talking to our kids— and we teach this stuff professionally! But we follow through nonetheless because we believe it is vitally important for our kids to have the best and most healthy start in life that we can provide." Leman

7. WHAT DO WE WANT OUR CHILDREN TO KNOW ABOUT SEX

"We want our children to understand that sex is a gift from God for marriage. We want to emphasize the beauty and the boundaries. Not just scare them into abstinence. But prepare them to see God's purpose and how to respect their bodies as well other people's bodies.

I. PURPOSE FOR SEX IN MARRIAGE

What are the purposes for sex in marriage according to the bible?

- A. PROCREATION - *Ge 1:22 God blessed them and said, "Be fruitful and increase in number and fill the water in the seas, and let the birds increase on the earth."* God created sex so that mankind will reproduce. It is for PROPAGATION.
- B. PROTECTION – *1Co 7:1 Now for the matters you wrote about: It is good for a man not to marry. 1Co 7:2 But since there is so much immorality, each man should have his own wife, and each woman her own husband.* God created sex in marriage so that men and women would have a proper way to express their God given desires. It is for INTERVENTION.
- C. PERMENANCE - *Ge 2:24 For this reason a man will leave his father and mother and be united to his wife, and they will become one flesh. Ge 2:25 The man and his wife were both naked, and they felt no shame.* God created sex in marriage as a bonding agent. It is for closeness and a covenant renewal ritual. It is for UNIFICATION.
- D. PLEASURE - *Pr 5:18 May your fountain be blessed, and may you rejoice in the wife of your youth. Pr 5:19 A loving doe, a graceful deer-- may her breasts satisfy you always, may you ever be captivated by her love.* God created sex in marriage for couples to enjoy. Nothing dirty nor perverse about it. It is for RECREATION.
- E. PICTURE – Sex in marriage gives a foretaste of the intimacy of the church with Jesus. *Eph 5:25 Husbands, love your wives, just as Christ loved the church and gave himself up for her Rev 19:7 Let us rejoice and be glad and give him glory! For the wedding of the Lamb has come, and his bride has made herself ready.* It serves as an ILLUSTRATION.

II. PRESCRIPTION FOR SEX IN MARRIAGE (PROV. 5:1-19)

From a father to a son. He begins with boundaries, but then talks about the beauty of sex within a marriage.

A. LISTEN TO WISDOM (1-6)

PRO 5:1 My son, pay attention to my wisdom, listen well to my words of insight, PRO 5:2 that you may maintain discretion and your lips may preserve knowledge.

LISTEN WELL BECAUSE SEXUAL TEMPTATION IS . . .

1. DESIRABLE - *PRO 5:3 For the lips of an adulteress drip honey, and her speech is smoother than oil; Nothing sweeter than honey, nothing smoother than oil. Satan makes temptation very appealing.*
illus. Sexual temptation is powerful. Successful business men give up careers, teachers risk firing, counselors lose licenses, pastors give up churches. The Bible says that there is pleasure in sin (Heb. 10:25) but it quickly adds that is only for a season.
2. DECEPTIVE - In the end it is nothing but trouble. *PRO 5:4 but in the end she is bitter as gall, sharp as a double-edged sword.* Notice the contrast from sweet to bitter. From smooth to sharp.

illus. If you go fishing – different types of lures. Some are large, small, spin, wobble, dark, florescent, shiny, etc... But all lures have one thing in common. They all have hooks. Meant to entice and hook fish and put the fish in the frying pan.

3. DEATH - Eventually leads to destruction. *PRO 5:5 Her feet go down to death; her steps lead straight to the grave. PRO 5:6 She gives no thought to the way of life; her paths are crooked, but she knows it not.*
Sexual immorality destroys marriages, destroys homes, devastates children, disillusion people around.

B. LOOK AT THE WASTE (7-14)

There is a high price to pay for taking the bait.

1. LOSS OF RESOURCES - BOTH PHYSICAL AND FINANCIAL

PRO 5:7 Now then, my sons, listen to me; do not turn aside from what I say. PRO 5:8 Keep to a path far from her, do not go near the door of her house, Stay as far away from temptation as possible. Why?

- a. LOSS OF HEALTH – *PRO 5:9 lest you give your best strength to others (You forfeit your health – sexual diseases, HIV, etc...) and your years to one who is cruel, (Could mean an early grave or death)*
- b. LOSS OF WEALTH – *PRO 5:10 lest strangers feast on your wealth and your toil enrich another man's house. (Divorce settlements, child support, etc...)*

2. LOSS OF REJOICING

PRO 5:11 At the end of your life you will groan, when your flesh and body are spent. PRO5:12 You will say, "How I hated discipline! How my heart spurned correction! PRO 5:13 I would not obey my teachers or listen to my instructors. (Nothing but regrets and sorrow awaits you.)

illus. One of the first things David prayed for after committing adultery with Bathsheba was the restoration of joy. *PSA 51:12 Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.*

3. LOSS OF RESPECT

PRO 5:14 I have come to the brink of utter ruin in the midst of the whole assembly." (Integrity is forfeited.)

APPLICATION: One of the cures whenever you are tempted is to see the hook. Focus more on the consequences rather than on the momentary pleasure of sin.

C. LOVE YOUR WIFE (15-19)

1. ENJOY SEX IN MARRIAGE

PRO 5:15 Drink water from your own cistern, running water from your own well. PRO 5:16 Should your springs overflow in the streets, your streams of water in the public squares? PRO 5:17 Let them be yours alone, never to be shared with strangers. PRO 5:18 May your fountain be blessed, and may you rejoice in the wife of your youth. Notice it says wife! Sex is God's idea. Nothing dirty, perverted, unclean about it. It is sacred. But it is meant for marriage.

NOTE: Sex is necessary for ONENESS, but it is ONENESS that gives meaning to sex.

illus. Look at all the different glues – Elmer's Glue, Crazy Glue, Wall Paper Glue, etc... They all have the same instruction. In order for it to work, it must have a clean surface. Sex is meant as a bonding agent for married couples. Sex is meant as a glue. But it must have clean surface. In other words anything outside of marriage messes up it's bonding quality.

2. ENJOY IT TO THE MAX - ENJOY IT FULLY

PRO 5:19 A loving doe, a graceful deer--may her breasts satisfy you always, may you ever be captivated by her love. Best preventive to outside affairs is a satisfying relationship with spouse.

Illus. When you eat at home, food outside is not as tempting. Make sure you are full at home so outside meals don't tempt you. Don't set yourself up for an affair. Outside relationships becomes less tempting when you focus your energy and creativity and effort in your own marriage. Keep dating your wife.

III. PRACTICAL GUIDELINES FOR TEACHING CHILDREN ABOUT SEX IN MARRIAGE

A. SEX IS A GOOD GIFT FROM GOD FOR MARRIED COUPLES

God created sex as wonderful gift for married couples. Always include your values and God's design for sex in your answers. Show not only the BEAUTY but also the BOUNDARY. It is to be enjoyed within the context of marriage.

B. INCLUDE GOD'S PURPOSE FOR SEX

Include the why behind the what. You don't have to mention all five, but include the whole idea of ONENESS. Why is it so hard to break up with someone whom you know is not right for you?

During sex a chemical called OXYTOCIN is released in your brain. It is the same chemical that is released when a mother is breast feeding her baby to form a bond between mother and child.

"You're going to feel like you want to stay with that person, even if you mentally understand that it's not a particularly wise match. You're literally launching a neurochemical war against your mental reasoning." Gary Thomas, Sacred Search.

When God says "No," it is because he has a better "Yes!"

C. ENGAGE IN MANY TALKS

QUOTE: Children and adolescents do not need one 100-minute (awkward and painful) sexual health conversation; they need 100 one-minute conversation. They need sexual and relational education delivered in many, many sound bites, weekly, across their entire childhood and teen years. (Sex Talk 2.0)

Look for teachable moments and capitalize on it to introduce the topic. Or if they don't ask, initiate it by asking, "So what do you think about girls?" "Have you ever wondered how a baby is born? I'm not sure I've had a chance to explain that to you?" "What have you heard? You know you can come to me anytime if you have a question." "Have you ever wondered how a baby is made?" You are inviting them to bring their curiosity to you.

Point out God's design of reproductive seeds and eggs. Deep inside every living thing. As you observe things in your backyard, shows on nature, etc... don't be shy about it. Be very intentional about it. There is an egg and a seed deep inside a mommy and daddy.

ASK QUESTIONS WHEN A QUESTION COMES – Sometimes we assume they are asking for more information than they really want to know. That's an interesting word. Tell me what made you think about that. illus. Mary Jo Ridley's 3 year old ask what is SEX? That's a very big word. Tell me where did you hear it and why do you want to know?

You're going to have a baby and I've people ask if you know the sex of the baby. When a baby is born, the doctor will know right away if it's a boy or a girl.

D. USE MEDICAL LANGUAGE AND CORRECT ANATOMICAL TERMS

Use the proper words like penis, vagina, scrotum, etc... See definitions at the back.

E. RESEARCH MATERIALS AND SHOW AGE APPROPRIATE DIAGRAMS

I gave you some books that are helpful. Focus on the family has very good resources.

F. EXAMPLES OF AGE APPROPRIATE RESPONSES

Where do babies come from? God makes babies using mommies and daddies. *Ps 139:14 I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.*

AGES - 4-6 "By God's design a husband and a wife were made to fit together in a very special way. And when that happens part of what is deep inside of Daddy meets with of part of what is deep inside of Mommy and that is what God uses to start the baby." Mary Flo Ridley. Simple Truths (Kindle Locations 868-870).

AGES - 7-10 - "Well, honey, it is really pretty amazing. Here's what happens. By God's design the husband places his penis inside of the wife's vagina. (You can say that part faster if you want to, but be sure to use those proper terms.) The part that is deep inside the Daddy is called the sperm and it travels through the penis and meets with the egg that is deep inside the Mommy. That is how they fit together. It was designed for oneness in marriage and also for making babies." Ridley, Kindle Locations 885-888).

BIBLIOGRAPHY

Leman, Kevin. A Chicken's Guide to Talking Turkey with Your Kids About Sex. (Grand Rapids, MI; Zondervan, 2004).

Fitch, J. Thomas and Davis, David. The Focus on the Family Guide to Talking to Your Kids about Sex. (Grand Rapids, MI; Revell, 2013).

Gilkerson, Luke. 7 Lessons to Introduce Your Child to Biblical Sexuality. (IntoxicatedOnLife.com; 2016).

Ridley, Mary Flo. Simple Truths: A Simple Natural Approach to Discussing Sex with Your Children. (Just Say Yes Publisher, 2014).

DAZZLING DEFINITIONS

You can explain basic male and female anatomy with these simple definitions. (Ridley, Kindle Locations 665-669)

Male Anatomy

- Penis - The part between the legs of boys that allows them to pee and transfer sperm to a Mommy when it's time to make a baby.
- Testicles - A pair of round structures below a Daddy's penis that make and store sperm.
- Sperm - The seed that's deep inside a Daddy that meets with something deep inside a Mommy (egg) to make a baby. Use the seed analogy to explain the components of reproduction.
- Anus - The hole in a boys' or girls' bottom where undigested food comes out.

Female Anatomy

- Vagina - The place between a Mommy's legs where a baby comes out during normal birth.
- Ovary - A part inside a mommy that stores a mommy's eggs.
- Egg - Something that's deep inside a Mommy that meets with something deep inside a Daddy (sperm) to make a baby. Use the seed analogy to explain the components of reproduction.
- Uterus - The place inside a Mommy where a baby is attached to a baby's tummy that allows for the baby to receive nutrition while living inside the Mommy. When the baby is born, the cord is snipped and tied, and the tied part becomes a baby's belly button.
- Caesarean Section (or C-section) An alternative form of delivery for situations when the baby does not have a straight shot through the birth canal. When this occurs, a doctor usually senses the problem and makes a slit near where the baby is and lifts it out.